

**For Immediate Release**

**So You Think You Can Speak? Local Speaker Says "YES"**

**Local speaker, Liz Fletcher Brown, was recently chosen to represent the Metro DC area in a national contest called, So You Think You Can Speak?**

Annapolis, MD March 20th, 2011 -- It's been said that most people would rather die than give a speech, but not local motivational speaker Liz Fletcher Brown. Ms Fletcher Brown was recently nominated the Rising Star of the D.C. Area Chapter of the National Speakers Association, and now competes for the national title.

For the first time ever, the National Speakers Association, which is the leading association for those who speak professionally, is conducting a contest called So You Think You Can Speak. The winner will have the honor of being awarded the title NSA Rising Star 2011.

Having won the contest on the local level, Ms Fletcher Brown now competes with other speakers from across the country for one of six spots in the finals, to take place at the association's annual convention in Anaheim, CA in July 30 – August 2nd 2011.

Ms Fletcher Brown is a "thought leader" in the field of personal transformation. She specializes in high energy, motivational, thought-provoking and content rich keynotes and workshops that help participants have the right attitude for success, even in challenging times.

She brings to all of her work an infectious enthusiasm and a unique combination of dance as a dramatic teaching metaphor, engaging stories and practical ideas to enhance attendees working and personal lives.

**About Liz Fletcher Brown**

After her first career as a professional dancer, Fletcher Brown went on to become a sought-after keynote speaker, workshop facilitator, author and life coach. As a thought leader in the field of personal transformation, she specializes in helping organizations (and the individuals who work for them) create work-life balance and deal with change in the midst of chaos.

When she was 21, Fletcher Brown moved from Scotland to New York City, to a country where she knew no one, to follow her dream of being a professional dancer. This adventuring spirit continues to motivate her today.

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