

For Immediate Release

Author, Liz Fletcher Brown, is a Readers' Favorite

Author Liz Fletcher Brown is a finalist in the Readers' Favorite 2013 International Award Contest. This prestigious annual award has earned the respect of renowned publishers like Random House, Penguin and Harper Collins, and has received the *Honoring Excellence* award from the Association of Independent Authors.

Annapolis, MD July 1st, 2013 -- Local author, Liz Fletcher Brown, was today named a finalist in the Readers' Favorite 2013 International Award Contest for her book, *Full Wattage! A Practical Guide to Living an Engaging and Purposeful Life Worth Celebrating*.

Contestants from around the world, ranging from first-time authors to New York Times bestsellers and celebrities compete for this annual award. According to Forbes, there are between 600,000 and 1,000,000 books published each year in the US alone. So it was not surprising that a spokesperson from Readers' Favorite said, "This was our largest contest ever and competition was fierce."

Fletcher Brown has been invited to attend the Readers' Favorite International Book Awards Ceremony in Miami on November 23rd, along with other finalists from around the world. The ceremony takes place during the week of the Miami Book Fair International, the largest book fair in the nation.

Full Wattage is also a finalist in the Eric Hoffer Book Award 2013.

In *Full Wattage!* Fletcher Brown draws on over 20 years of experience as a counselor, life coach and workshop facilitator to help readers find new meaning and enthusiasm at work and at home. She also highlights lessons she learned in her first career as a professional dancer, and creatively links these to life and business lessons that readers can apply to their own lives.

Full Wattage! is filled with practical tools and processes, as well as valuable insights to help readers tap into their personal power and brilliance. The book includes access to a companion online guide containing downloadable worksheets, audio processes and more.

Kim Anisi for Readers' Favorite said, "Full Wattage is...one of the few self-help books that can really make a difference in your life... Liz Fletcher Brown takes you by the hand and helps you to discover who you really are, where your talents lie and how you can improve your life without having to perform miracles."

Full Wattage! is available from online booksellers and select local bookstores, as well as from www.FullWattage.com. It is published by Paisley Print Publishing of Davidsonville, MD

About Liz Fletcher Brown:

After her first career as a professional dancer, Fletcher Brown went on to become a sought-after keynote speaker, workshop facilitator, author and life coach. As a thought leader in the field of personal transformation, she specializes in helping organizations (and the individuals who work for them) create work-life balance and deal with change in the midst of chaos.

When she was 21, Fletcher Brown moved from Scotland to New York City, to a country where she knew no one, to follow her dream of being a professional dancer. This adventuring spirit continues to motivate her today.

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