

For Immediate Release

Author, Liz Fletcher Brown, has Book Showcased at Largest Book Industry Event in North America.

Full Wattage! by author Liz Fletcher Brown, was showcased at BookExpo America, the largest book industry event in North America.

Annapolis, MD June 15th, 2013 -- Author Liz Fletcher Brown had her most recent book, *Full Wattage! A Practical Guide to Living an Engaging and Purposeful Life Worth Celebrating*, featured in the New Title Showcase of Book Expo America.

BookExpo America, (BEA) which took place in New York City at the Jacob K. Javits Center, June 4 – 7, 2013 is the largest book industry event in North America, and one of the largest gatherings of English language publishers in the world.

BEA is recognized for the media attention it brings to upcoming books as well as for the notable and high profile authors it attracts from around the world. BEA Show Manager Steve Rosato said, "We have exhibitors from 26 countries, we have attendees from all 50 states, and we boast a huge gathering of the most famous authors writing today.

In *Full Wattage!* Fletcher Brown draws on over 20 years of experience as a counselor, life coach and workshop facilitator to help readers find new meaning and enthusiasm at work and at home. She also highlights lessons she learned in her first career as a professional dancer, and creatively links these to life and business lessons that readers can apply to their own lives.

Full Wattage! is filled with practical tools and processes, as well as valuable insights to help readers rejuvenate their body, mind and spirit. The book includes access to a companion online guide containing downloadable worksheets, audio processes and more.

One amazon.com reviewer stated, "*This book affords the reader precisely what the subtitle states: a practical guide - to living - to be engaged - to have purpose.*" Another called it "*a reference guide for making your life a happy one.*"

Full Wattage! is available from online booksellers and select local bookstores, as well as from www.FullWattage.com. It is published by Paisley Print Publishing of Davidsonville, MD

About Liz Fletcher Brown

After her first career as a professional dancer, Fletcher Brown went on to become a sought-after keynote speaker, workshop facilitator, author and life coach. As a thought leader in the field of personal transformation, she specializes in helping organizations (and the individuals who work for them) create work-life balance and deal with change in the midst of chaos.

When she was 21, Fletcher Brown moved from Scotland to New York City, to a country where she knew no one, to follow her dream of being a professional dancer. This adventuring spirit continues to motivate her today.

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