

Liz Fletcher Brown



Put the

Cha-Cha-Cha

into your business and your life!

How to Keep Your Balance When the Floor is Rocking!



What's Rocking Your Attendees' Floor?

A demanding boss?
Worry about keeping their job. Or their clients?
Tired of being a full-time parent with a full-time job?
Unsupportive co-workers?
Having to do more with less?
Work is boring?
Competition is tough?
Feeling isolated and unappreciated?
Spouse doesn't understand?

In times of uncertainty more is required of us than ever before to balance all of our commitments both at work and at home. As a result, productivity, innovation and creativity suffer.

Liz Fletcher Brown knows what a rocking floor means—and how to keep her balance. She blends mind-body principles with practical tools, humor, and thought-provoking insights that will instill in participants the ability to be grounded, purposeful, and have the right attitude for success, even if their floor is rocking!

Why Get Liz On Your Dance Card

Liz brings to all of her work an infectious enthusiasm and a unique combination of dance as a dramatic teaching metaphor, engaging stories and practical ideas to enhance participants' working and personal lives.

"She possesses a wonderful combination of passion, grace, stage presence and eloquence that captivates while providing very useful suggestions and tips on developing life skills."
Corbin Ball, CSP, CMP, MeetingNews "Top 25"

Programs (All are customized to client's needs)

How to Keep Your Balance When the Floor is Rocking
(Liz's Signature Keynote)

The following breakout sessions or workshops are designed to support the primary concepts in Liz's keynote, but are also powerful as stand-alone programs.

Step It Up! Get Bigger About Who You Are
When you believe in yourself, anything is possible.

Take the Leap
Move beyond limited thinking and reach for the extraordinary.

In Wild AbunDANCE!
Dancing as fast as you can but getting nowhere? 6 steps to get out of overwhelm, get focused and start having fun again.

Your Life Dance
Know your purpose, transform your life!



*Get
Your
Dance
Shoes
On!*

Travels from Washington
DC Area

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